

Sunnybrook Park Walk on Saturday May 30th 2015

Sunnybrook Park walk was held on Saturday May 30th 2015 at 9.30 in the morning. We all met at the parking lot # 3 at the Sunnybrook Park. The weather was beautiful with temperature around 25C, was breezy and we could hear the swaying of the leaves on the lush green trees. We started our walk at 9.45 proceeding towards the bridge. The bridge is build above the river and we could see the river flow below, clear and it was not very deep as we could see the bottom of the river with all the rocks. We stopped and took a picture and it was breathtaking. we then walked along the trail upwards for an hour reaching to the top and stopping along the way to see the beautiful sites. There were all ages of people cycling, walking, jogging and we were bird watching. We tried to locate the Peacock which is missing at the local zoo but could not find him as the trees were all lush with leaves. We then proceeded back and went on the other side of the park. We climbed 116 steps to go on the upper level of the park and rested along the way and discussed our daily topics, chatting along the way. When we reached the top we saw people playing cricket, some jogging and cycling and people walking their dog. We then proceeded towards the parking lot very satisfied with our walk, sweating and drinking a lot of liquids. By then it was hot and felt like 35C and was sunny and hot hot hot. To top it all we were all invited to our friends place for a taste of cashew shipped all the way from GOA.

For all those who missed this great event try it out at the next walk.

Tegsa member Maurice Mendonca